

CLERGY WELLNESS TEAM

Kimber Govett, Chair

This recently formed team is in response to the growing need for wellness and care of our Desert Southwest Conference clergy. Due to the ongoing pandemic and uncertainties regarding the future of our denomination, many of our clergy have expressed grievances due to loss and the state of the church. The purpose of our Clergy Wellness Team is to address these needs and provide opportunities for our clergy to work through their feelings.

We have just begun this work and we have several opportunities before us. We are currently offering a four-week grief workshop led by Gina Pollard. We are also offering a 13-week book study, *One Day at a Time* by Trevor Hudson using the 12 steps of recovery to work through a variety of struggles. Rev. Mike Kerr-Osman and Pastor Kimber Govett will co-lead this class. We have met with a spiritual coaching organization, Shepherd Heart Ministry Consulting, to possibly partner with their pastoral coaching services.

Currently, to help with confidentiality, we chose not to advertise the upcoming book study in our Conference newsletter. We chose to announce the study through our time at the Gathering which was successful for everyone.

Clergy Wellness Team:

Billie Fidlin

Cynthia Satchel

Rev. Matt Ashley

Rev. Tom Mattick

Rev. Mike Kerr-Osman

Rev. Melissa Rynders

Pastor Kimber Govett, chair